

Step Therapy (ST):

What is a Step Therapy?

With step therapy drugs, HealthSun Health Plans requests that you try certain drugs to treat your medical condition before we cover another drug for that condition. If your drug has a step therapy requirement, your doctor will need to request and receive approval from HealthSun Health Plan before the drug may be covered under your benefit plan.

Why is Step Therapy required?

Step Therapy promotes the safety and cost-effectiveness of the use of medication. HealthSun Health Plans would like for the member to try medications that are considered Generic before a medication that is considered either a preferred or non-preferred brand-name drugs. Generic medications are widely recognized as safe and effective. Preferred or non-preferred brand-name drugs are in many cases more costly.

What if your Drugs requires Step Therapy?

In order for you to receive coverage for a medication that has a step therapy requirement, follow these steps:

1. Please contact your Primary Care Physician or our Member Services Department at 877 477-4458 between the hours of 8:30 am to 5:30 pm. EST; Monday through Friday. TTY users should call 877 206-0500.
2. If a ST is required, ask your Primary Care Physician to submit the request to Healthsun Health Plans by fax (305) 448-5783, or by phone (877-336-2069). You may download our **Prior Authorization Form** that is located under the "Forms" link in our website.
3. You may also want to print the Prior Authorization Form and bring it with you to your next doctor's office.

Once your request has been processed, your Primary Care Physician will be notified and you will also receive a determination letter in the mail.